

2018-2019



MIDDLE SCHOOL

Activities / Athletics

**PARENT/STUDENT
HANDBOOK**

Beulah

Craver

Pleasant View

Liberty Point International

Skyview

Vineland

Swallows Charter Academy



MISSION

To educate each student to achieve his or her full academic potential.

VISION

We see D70 as a place where all children and adults are valued, similarities and differences are addressed, individuals are respected, and all children are treated as our most valuable resource and best hope for the future. We see a safe and trusting environment where children and adults are actively engaged in lifelong learning. We see a partnership with our schools and communities that flexibly responds to the educational needs of all learners in an ever-changing world.

BOARD OF EDUCATION

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NONDISCRIMINATION STATEMENT

Pueblo County School District 70 does not unlawfully discriminate on the basis of race, color, religion, national origin, gender, age, genetic information, or handicap (disability) in admission or access to, or treatment, or employment in its education programs or activities. Inquiries about ADA, Section 504, Title VI, and Title IX may be addressed to the Superintendent of Schools, 301 28th Lane, Pueblo, Colorado 81001.

719-542-0220



MIDDLE SCHOOL ADMINISTRATION

BEULAH MIDDLE SCHOOL

485-3127

Perry Rogers, Principal

CRAVER MIDDLE SCHOOL

676-3030

Eugene Padilla, Principal

LIBERTY POINT INTERNATIONAL SCHOOL

547-3752

Chris Slobodnik, Principal

PLEASANT VIEW MIDDLE SCHOOL

542-7813

Rhonda Rein, Principal

SKYVIEW MIDDLE SCHOOL

547-1175

Robert DiPietro, Principal

SWALLOWS CHARTER ACADEMY

547-1627

Dr. Cindy Compton, Director

VINELAND MIDDLE SCHOOL

948-3336

Sandy Gibbs, Principal

HEADS+UP

CONCUSSION IN HIGH SCHOOL SPORTS

A FACT SHEET FOR **PARENTS**

What is a concussion?

A concussion is a brain injury. Concussions are caused by a bump, blow, or jolt to the head or body. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

What are the signs and symptoms?

You can't see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days after the injury. If your teen reports **one or more** symptoms of concussion listed below, or if you notice the symptoms yourself, keep your teen out of play and seek medical attention right away.

Signs Observed by Parents or Guardians	Symptoms Reported by Athlete
<ul style="list-style-type: none"> • Appears dazed or stunned • Is confused about assignment or position • Forgets an instruction • Is unsure of game, score, or opponent • Moves clumsily • Answers questions slowly • Loses consciousness (<i>even briefly</i>) • Shows mood, behavior, or personality changes • Can't recall events <i>prior</i> to hit or fall • Can't recall events <i>after</i> hit or fall 	<ul style="list-style-type: none"> • Headache or “pressure” in head • Nausea or vomiting • Balance problems or dizziness • Double or blurry vision • Sensitivity to light or noise • Feeling sluggish, hazy, foggy, or groggy • Concentration or memory problems • Confusion • Just not “feeling right” or is “feeling down”

How can you help your teen prevent a concussion?

Every sport is different, but there are steps your teens can take to protect themselves from concussion and other injuries.

- Make sure they wear the right protective equipment for their activity. It should fit properly, be well maintained, and be worn consistently and correctly.

- Ensure that they follow their coaches' rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.

What should you do if you think your teen has a concussion?

- 1. Keep your teen out of play.** If your teen has a concussion, her/his brain needs time to heal. Don't let your teen return to play the day of the injury and until a health care professional, experienced in evaluating for concussion, says your teen is symptom-free and it's OK to return to play. A repeat concussion that occurs before the brain recovers from the first—usually within a short period of time (hours, days, or weeks)—can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death.
- 2. Seek medical attention right away.** A health care professional experienced in evaluating for concussion will be able to decide how serious the concussion is and when it is safe for your teen to return to sports.
- 3. Teach your teen that it's not smart to play with a concussion.** Rest is key after a concussion. Sometimes athletes wrongly believe that it shows strength and courage to play injured. Discourage others from pressuring injured athletes to play. Don't let your teen convince you that s/he's “just fine.”
- 4. Tell all of your teen's coaches and the student's school nurse about ANY concussion.** Coaches, school nurses, and other school staff should know if your teen has ever had a concussion. Your teen may need to limit activities while s/he is recovering from a concussion. Things such as studying, driving, working on a computer, playing video games, or exercising may cause concussion symptoms to reappear or get worse. Talk to your health care professional, as well as your teen's coaches, school nurse, and teachers. If needed, they can help adjust your teen's school activities during her/his recovery.

If you think your teen has a concussion:

Don't assess it yourself. Take him/her out of play. Seek the advice of a health care professional.

It's better to miss one game than the whole season.

For more information and to order additional materials *free-of-charge*, visit: www.cdc.gov/Concussion.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION



PHILOSOPHY

The athletic community, which is comprised of coaches, administrators, parents, officials and student athletes, must be committed to excellence with the understanding that winning is performing to potential. The athletic community will provide for the safety and growth of the student athlete physically, socially, and emotionally, while striving to develop in each athlete an internalization of respect, honesty, trust, cooperation, sportsmanship, positive values and an acceptable work ethic. Further, the athletic community realizes that in all facets, each member has the responsibility to “do right, do your best and treat others like you would like to be treated.” The governing principles of all athletic programs must place student athletes first and winning second.

The regulations and expectations outlined in this handbook serve as guidelines in conducting and administering the middle school athletic program. **Although not bound in Board Policy**, it is expected that the athletic community adhere to these regulations and expectations without deviation.

PARTICIPATION

Participation in athletics provides many opportunities for young men and women to develop emotionally, morally and physically. Athletes are students first and athletes second.

Any student, who participates in athletics, including cheerleaders, must follow the training rules as outlined by their coaches and/or sponsors. Athletes who feel they cannot follow these rules should not go out for athletics. Violation of the training rules cheats yourself, your school, your teammates and your community.

*******In order to participate in sports, a student must be covered by health insurance either through their parent’ plan or extra sports insurance can be purchased by the parents to cover their athlete. Proof of insurance must be supplied.**

In order to participate, a student must attend school a minimum of ½ day unless prior special arrangements have been made with the Principal.

The use of tobacco or tobacco-like products **including e-cigs**, alcoholic beverages, or the misuse of other drugs will result in the athlete being required to appear immediately before the athletic board (consisting of the principal and the coaching staff) of the school for complete review of the case. Penalties will include some or all of the following:

- Suspension and/or expulsion from school.
- He/she will be suspended from any current athletic activity for the remainder of the current sport season.
- Violators will be required to reappear before the athletic board after a penalty has been imposed for the purpose of determining reinstatement for further participation.
- A second violation during the school year will result in suspension from all athletic activities for the remainder of that school year.

ISS/ISE: Students who are in ISS/ISE will NOT be allowed to participate in COMPETITION if that ISS/ISE is on that game day. They will be allowed to practice on a practice day.

As stated in Colorado School Law, CRS 22-32-116.5, any student may participate in an activity through any amateur association or league of which the school or school district is not a member, and such participation shall not prevent the student from participating or affect the student’s eligibility to participate in the same activity at any school, subject to the limitations specified in this section. Prior to participating in any activity through such an amateur association or league, the student shall obtain the express written permission of the principal of the school at which the student participates in the activity, which permission shall be granted if:

- The student’s class attendance is not compromised, and
- The student is in good academic standing under the school’s activities policy applicable to all students.
- A non-enrolled student will pay 150% of the cost of the activity fee that enrolled students pay (refer to Non-Enrolled Student sheet)

No Pueblo County School District 70 school shall belong to any organization or association nor enforce any rule of a coach or

principal that would prohibit a student's participation in any school or interscholastic school activity based upon the student's participation in lawful activities during out- of-school hours and off-of-school property.

FEES

PARTICIPATION FEE. : A participation fee, determined by the Board of Education of Pueblo County School District 70 will be charged to all students for each sport in which they choose to participate. This fee is mandated by the Pueblo School District No.70 Board of Education and is payable prior to the first day of practice unless special arrangements have been made with the building principal.

These fees are:

1st child/1st sport, **\$60.00**

2nd child/2nd sport and each child/sport thereafter, **\$50.00**

The second child must be in the same school. (adopted school year 2015-16).

The participation fee is refundable if the student is "cut" from a sport, injured, or he/she quits prior to the first competitive event (game or scrimmage). **Refunds MUST be requested by the participant within ONE (1) week of being cut or injured.** There are no refunds for students who quit during the season. Cheerleaders will be exempt from the participation fee, but will be responsible for purchasing their own uniforms

CONCUSSION MANAGEMENT PROGRAM

Basic philosophy: We will never, under any circumstances, allow a student athlete who may have suffered a concussion to prematurely return to play when doing so may put that athlete at an increased risk for the future development of neurodegenerative changes.

Initial management after concussion

1. Any student athlete who is felt to have had a concussion must be removed from play immediately and may not be returned to play or practice until cleared by a qualified medical professional as defined in the Jake Snakenberg Youth Concussion Act.
2. If the concussed student athlete is felt to be medically or neurologically unstable at the scene of practice or play, the nearest emergency medical response team must be contacted, and the student athlete should be transported to the nearest appropriate medical facility.
3. If the concussed student athlete is felt to be medically and neurologically stable, but the student athlete is markedly symptomatic, every attempt should be made to contact the student athlete's primary care provider who will then direct the patient's further medical care. If the student athlete does not have a primary care provider or his/her provider is unavailable, then the student athlete should be transported to a medical care facility such as an emergency room or an urgent care facility. Transportation via ambulance should be accomplished rapidly if the student athlete is markedly symptomatic, but may be accomplished via private vehicle if the athlete's parent/guardian is comfortable assuming this responsibility.
4. If the concussed student athlete is felt to be medically and neurologically stable, and is not markedly symptomatic, the student athlete will be placed into the concussion management protocol as described below. The student athlete and his/her parents/guardians will be provided information regarding the concussion, and will be instructed to follow-up with their own primary care provider or an alternate provider as specified below as soon as possible, preferably within 72 hours of the concussion.

The concussion management protocol

1. The coach of the concussed student athlete will inform the school's concussion team leader of the student athlete's condition as soon as possible.
2. The concussion team leader of the school will be in charge of the school's concussion management team.
3. The concussion team leader will choose members that will comprise the concussion management team. This team may be made up of the athletic director, athletic trainer, school nurse, school behaviorist, or other members of the

school staff as felt necessary by the concussion team leader.

4. The concussion team leader will be responsible for making sure that the concussed student athlete gets evaluated by his or her primary care provider in a timely fashion. If the primary care provider is unable or unwilling to evaluate the patient in a timely fashion, then the concussion team leader may arrange for the athlete to be evaluated by a qualified medical provider as spelled out in the Jake Snakenberg Youth Concussion Act. Once the concussed athlete has been evaluated and cleared to proceed by the primary care provider or alternate medical provider, the concussed student athlete will begin participation in the graduated return to activity after concussion plan as described below.

Graduated return to activity after concussion plan

1. The concussion team leader will, upon permission of the student athlete's primary care provider or other provider as mentioned above, enroll the athlete in the graduated return to activity after concussion plan.
2. Components of the graduated return to activity after concussion plan may include;
 1. Temporary academic accommodations to allow the concussed student athlete cognitive rest. The student athlete may be excused from hard classes, excessively demanding homework, test taking, etc.
 2. Encouraging the student athlete to minimize use of cell phones, televisions, texting, and watching movies.
 3. No physical activity until most if not all of the symptoms of a concussion have resolved.
 4. Neurocognitive testing using ImPACT or similar systems to compare post-injury scores to baseline scores if available.
 5. Progression to light aerobic activity such as walking, swimming, stationary cycling for 10-15 minutes/day. The athlete may proceed to the next level after 24 hours if asymptomatic.
 6. Progression to sport specific exercise such as running drills for 20-30 minutes/day with no weight lifting or head contact. The athlete may proceed to next level after 24 hours if asymptomatic.
 7. Progression to non-contact drills such as more complex training drills, and progressive resistance training. The athlete may proceed to the next level after 24 hours if asymptomatic.
 8. If the athlete becomes symptomatic at any stage, that athlete has to return to the previous stage for at least 24 hours and only proceed to the next stage when asymptomatic.

Full contact practice/return to play after concussion

The student athlete who has suffered a concussion will be allowed to participate in full contact practice /return to play only when **all** of the following conditions have been met:

1. The student athlete is free of any significant symptoms from the concussion at rest.
2. The student athlete is free of any significant symptoms from the concussion with exertion.
3. The student athlete has returned to baseline on neurocognitive testing if baseline testing was done, or appears to have normalized on post concussion testing based on his or her age and scholastically based normative data.
4. The student athlete's school based concussion management team, led by the concussion team leader feels that the athlete can safely participate in full contact practice and return to play.
5. The athlete's primary care provider or similarly qualified alternate provider feels that the athlete can participate in full contact practice and return to play.

The Red – Yellow – Green Framework

In order to simplify the various steps in going from the point of presumed concussive injury to return-to-play, we will be utilizing the red-yellow-green framework as follows:

- **Red form:** once a student athlete is identified as having suffered a possible concussion, that student athlete will be immediately removed from any further athletic activity. If the student athlete does not show any signs of medical urgency, the coach or another member of the school's athletic department will fill out the red form, and a copy of this red form will be given to the student athlete or student athlete's parent/guardian or representative, who will then give this form to the school's concussion team leader.
- **Yellow form:** The concussion team leader will retain the red form and transcribe pertinent information to the yellow form. The concussion team leader will have the student athlete fill out the concussion symptom sheet present on the back of the yellow form, and will put this score on the yellow form along with the date of the symptom assessment. The concussion team leader will then give this yellow form to the student athlete with directions to have this form given to his or her primary care provider or alternative qualified medical provider. Once the yellow form is signed and returned to the

concussion team leader, the student athlete will begin the graduated return to play protocol as described above.

- **Green form:** Once the student athlete has gone through the graduated return to play protocol, is largely asymptomatic at rest and with exercise, and is felt to have a normalized post-injury ImPACT test, the concussion team leader will provide the student athlete with the green form. The green form will then be taken by the student athlete to his or her primary care provider or alternative qualified medical provider. Once the green form has been signed by the student athlete's primary care provider or alternative qualified medical provider, the student athlete will return this form to the concussion team leader, who will then give the student athlete a "return-to-play" card. The student athlete will then present this card to his or her coach, and only then will the student athlete be allowed to return-to-play. The concussion team leader may not allow the student athlete to proceed from the yellow to the green form if he or she suspects that the student athlete may be trying to minimize his or her post concussive symptoms, if the student athlete has not normalized on the post-injury ImPACT test, or if there are any significant concerns for the safety of the student athlete.

Special considerations in concussed student athletes

A certain number of student athletes may continue to have symptoms of a concussion for a prolonged period of time after the concussion. These student athletes may benefit by consultation with more specialized consultants in neurocognitive functioning. Clearly, these student athletes will not be allowed to return to play until released by these specialized consultants.

Some student athletes may suffer repetitive concussions, and it is believed that there is cumulative damage to the brain with successive concussions. These student athletes may benefit from consultation with more specialized consultants in neurocognitive functioning, and it may be in the student athlete's best interest to consider withdrawing from further contact-collision sports in some of these cases.

Clarification of special circumstances:

- A. If the primary care provider or alternative medical provider as described previously clears the concussed athlete to participate in full contact/return to play after the initial visit, the athlete will be placed in the graduated return to play after concussion plan. The athlete will be allowed to participate in full contact/return to play only after he or she has successfully completed the entire red-yellow-green protocol as described above.
- B. If the concussed athlete is initially evaluated by an emergency room/urgent care provider and cleared to participate in full contact/return to play, the athlete will be placed in the graduated return to play after concussion plan. The athlete will be allowed to participate in full contact/return to play only after he or she has successfully completed the entire red- yellow-green protocol as described above.
- C. **Since the potential for possible short and long term neurological impairment in athletes with concussion who are mismanaged is so high, the following will apply: In a student athlete with a presumed concussion, if the student athlete refuses to participate in the concussion management protocol or the student athlete's parents/guardians or representatives refuse to allow the athlete to participate in the concussion management protocol, the athlete will not be allowed to participate in any contact/collision sporting activities through the student athlete's school district.**

******The concussion management protocols are subject to change as this program continues to develop based on current research and technologies.******

Extracurricular and Interscholastic Activities- TRANSFER FROM ANOTHER DISTRICT OR PROGRAM

As indicated in Colorado School Law, CRS 22-32-116.5, notwithstanding any other provision of this article, each school district and each public school, subject to the requirements of this section, shall allow any student enrolled in a school or participating in a nonpublic home-based educational program to participate on an equal basis in any activity offered by the school district or the public school that is not offered at the student's school of attendance or through the student's nonpublic home-based education program. (See CRS 22-32-116.5, articles 2-10 and all sub-points for limitations and further clarification)

Pueblo County School District 70

CODE OF CONDUCT FOR PARENTS OF ATHLETES

Foreword

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and four core principles: caring, honesty, respect and responsibility. The highest potential of sports is achieved when athletic competition reflects these “four pillars of character.”

I therefore agree:

1. I will not force my son/daughter to participate in sports, but will support and encourage any interest and commitment they demonstrate.
2. I will remember youth participate to have fun and the game is for the youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my son/daughter or the safety of others.
4. I will learn the rules of the game and the philosophy and policies of Pueblo County School District 70 Middle/High School Athletic Program.
5. I (and my guests) will be a positive role model for my son/daughter and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent such as booing and/or taunting, refusing to shake hands, or using profane language or gestures.
7. I will not encourage any behaviors or practices endangering the health and well-being of the athletes.
8. I will teach my son/daughter to abide by the rules and to resolve conflicts without resorting to hostility, aggression or violence.
9. I will demand my son/daughter treat other players, coaches, officials and spectators with respect, regardless of race, color, creed, sex or ability.
10. I will communicate to my son/daughter that doing one's best is more important than winning, so my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my son/daughter for competing fairly and giving their best effort, and make him/her feel like a winner every time.
12. I will never ridicule or yell at my son/daughter or the other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my son/daughter over winning.
14. I will promote the emotional and physical well-being of the student athletes ahead of any personal desire that I may have for my son/daughter to win.
15. I will respect the officials and coaches and their authority during games and will never question, discuss or confront officials or coaches at any athletic event, and will take the time to speak with coaches at an agreed upon time and place in the event I have any concerns.
16. I will demand a sports environment for my son/daughter free from drugs, tobacco and alcohol, and I will refrain from their use at all athletic events.
17. I will refrain from coaching my son/daughter or other players during games and practices unless I am one of the approved coaches of the team.

I also agree that if I fail to abide by the aforementioned articles and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by a school official or his/her designee.
- Written warning.
- Parental game suspension with written documentation of the incident kept on file by the Pueblo County School District 70 Office of the Director of Business Services.
- Suspension of attendance for the remainder of the sport season.
- Son/daughter removed from the team for the remainder of the sport season.

PUBLIC CONDUCT ON SCHOOL PROPERTY OR AT SCHOOL ACTIVITIES

Pueblo County School District 70 hosts or participates in many extracurricular activities attended by parents and the general public. These include, for example, athletic contests, proms, dances, field trips, dramatic or musical performances, fundraisers and meetings for parents, patrons and the public. All of these activities are referred to as, "Events." Events occurring on Pueblo County School District 70 owned or controlled property will observe those standards of behavior and conduct expected of school district staff and students. Specifically, whether they appear as users, participants or observers of an event, such persons shall not: (per Pueblo County School District 70 Policy and Colorado Revised Statutes)

- Obstruct, disrupt or interfere with teaching, research, service, administration, control discipline, coaching, officiating or progress of or at an event. (CRS 18-9-109)
- Physically abuse or threaten any persons with physical harm on school district owned or controlled property. (CRS 18-9-11) (CRS 18-3-201)
- Damage or threaten to damage property of the Pueblo County School District 70 or property leased or licensed in connection with an event. (CRS 18-4-501)
- Force or make unauthorized entry to Pueblo County School District 70 owned or controlled property. (CRS 18-4-201)
- Use, possess, distribute or sell drugs, other controlled substances, alcohol or other illegal contraband on district owned or controlled property or within 1,000 feet of the perimeter of a school site. (Persons known to be under the influence of liquor shall not be permitted to enter Pueblo County School District 70 owned or controlled property). (CRS 18-18-102)
- Possess a concealed weapon, as defined in state law or Board Policy, on district owned or controlled property, unless one of the following conditions exist: (CRS 18-12-105)
 - The person is a law enforcement officer authorized to carry or possess a weapon at such time and place.
 - The person is carrying out duties for the Pueblo County School District 70, which requires use of a weapon.
 - The person is participating in an authorized extracurricular activity or team involving the use of firearms.
- Use of profanity or verbally abusive language will not be tolerated. (CRS 18-9-111)
- Engage in any conduct constituting a breach of any federal, state, city or county law or duly adopted policy and/or regulation of the Board.

Persons determined by the superintendent, the superintendent's designee, the principal/athletic director of a host school, or a game official, to be in violation of this policy, may be instructed to leave the Pueblo County School District 70 owned or controlled property. **When a violation occurs, the person(s) involved shall be banned from attendance at ALL Pueblo County School District 70 events until after the conclusion of the next regularly scheduled event of the same sport and same level. Where repeated violations occur or where a person threatens or appears likely to violate this policy in the future, the superintendent, the superintendent's designee or the principal/athletic director of the host school may ban or restrict the person's access to events and to the use of Pueblo County School District 70 owned or controlled property.**

Colorado has numerous criminal statutes prohibiting interference with staff, faculty or students of educational institutions. One such statute prohibits the use of restraint, coercion or force and violence with willful intent to impede the educational mission. Another statute simply makes it a crime if a person shall willfully refuse or fail to leave property of or any building or other facility used by an educational institution upon being requested to do so by the chief administrative officer or his/her designee, if such person is committing, threatens to commit or incites others to commit any act which would disrupt, impair, interfere with or obstruct the lawful missions, processes, procedures or functions of the institution.

Civility Policy
(Civility-Conduct of Parents, Other Visitors and District Employees)

It is the intent of the school board to promote mutual respect, civility and orderly conduct among district employees, parents and the public. It is not the intent of the school board to deprive any person of his or her right to freedom of expression. The intent of this policy is to maintain, to the greatest extent reasonably possible, a safe, harassment-free workplace for teachers, students, administrators, staff, parents and other members of the community. In the interest of presenting teachers and other employees as positive role models, the school board encourages positive communication and discourages volatile, hostile or aggressive communications or actions.

1. Expected level of behavior:
 - school and district personnel will treat parents and other members of the public with courtesy and respect;
 - parents and visitors will treat teachers, administrators and other district employees with courtesy and respect.

2. Unacceptable/disruptive behavior:
Disruptive behavior includes, but is not necessarily limited to:
 - behavior which interferes with or threatens to interfere with the operation of a classroom, an employee's office or office area, areas of school or facility open to parents/guardians and the general public. It also covers areas of a school or facility, which are not open to parents/guardians and general public;
 - using loud and/or offensive language, swearing, cursing or display of temper;
 - Threatening to do bodily or physical harm to a teacher, school administrator, school employee or student, regardless of whether or not the behavior constitutes or may constitute a criminal violation;
 - Damaging or destroying school or school board property;
 - any other behavior that disrupts the orderly operation of a school, classroom or any other school board facility;
 - Abusive, threatening or obscene e-mail or voicemail messages.

3. Parent recourse:
Any parent who believes he/she was subject to unacceptable/disruptive behavior on the part of any staff member should bring such behavior to the attention of the staff member's immediate supervisor or appropriate director. The parent may report verbally or in writing using the district complaint form.

4. Authority of school personnel:

5. Authority to direct persons to leave school or school board premises: Any individual who(1)disrupts or threatens to disrupt school or school district operations; (2) threatens or attempts to do or does physical harm to school board personnel, students or others lawfully on a school or school board premises; (3) threatens the health or safety of students, school board personnel or others lawfully on a school or school board premises; (4) intentionally causes damage to schools, school board property or property of others lawfully on a school campus or school board premises; (5) uses loud or offensive language or who, without authorization, comes on a school or other school board facility may be directed to leave the school or school board premises by a school's principal or assistant principal, or in their absence a person who is lawfully in charge of the school or any district level administrator. If the person refuses to leave the premises as directed, the administrator or other authorized personnel shall seek the assistance of law enforcement and request that law enforcement take such action as is deemed necessary.

Authority to deal with persons who are verbally abusive

If any member of the public uses obscenities or speaks in a demanding, loud, insulting and/or demeaning manner, the employee to whom the remarks are directed shall calmly and politely warn the speaker to communicate civilly. If the verbal abuse continues, the employee to whom the remarks are directed may, after giving appropriate notice to the speaker, terminate the meeting, conference or telephone conversation. If the meeting or conference is on school or school board premises, any employee may request that an administrator or other authorized person direct the speaker to promptly leave the premises. If the person refuses to leave, the administrator or other authorized personnel shall seek the assistance of law enforcement and request that law enforcement take such action as is deemed necessary. If the employee is threatened with personal harm, the employee may contact law enforcement.

NON-ENROLLED DISTRICT ACTIVITY
PARTICIPANTS

School Law 22-32-116.5 – Extracurricular and interscholastic activities

6a. A school may charge any student participating in an activity a participation fee as a prerequisite to participation. The fee amount that a school of participation charges a non-enrolled student shall not exceed one hundred fifty percent of the fee amount charged to enrolled students who participate in the activity. No fees will be refunded to a student who quits an activity during the season.

Enrolled students who participate in activities will be charged at the following rate:

High School: \$127.50 per sport per child

Middle School: \$ 90.00 per sport per child

6c. Post Season

In addition to the fees listed above, a school may charge a non-enrolled student participating in postseason competition in an individual activity the actual cost of that postseason participation if they are the only student(s) involved in that postseason act

Pueblo County School District 70 SPECTATOR EXPECTATIONS

- Realize your attendance at activities is to support the teams involved
- Know and understand the rules of the contest
- Respect the integrity and judgment of sports officials and coaches
- Appreciate the skills of all players participating
- Treat opposing teams, coaches, officials, spirit groups, and fans with respect
- Understand it is **ONLY** a game
- Failure to abide by these expectations can result in removal of the spectator from Pueblo County School District 70 events

Top Ten Reasons to Be a Designated Good Sport

10. Because taunting, trash talk and intimidating behavior have no place in school sports or any level of sports.
9. Your admission is to watch the performance of highly impressionable kids – not a license to abuse coaches, officials, players and other spectators.
8. You want others to treat you the way you want to be treated - and how many of us want to be treated with disrespect?
7. We need more positive role models for our kids.
6. People don't always remember the final score – but they always remember the fan in Section Three who made a fool of him or herself.
5. Because coaches and officials are also teachers. Why would you harass them in their classroom?
4. A national survey indicates kids play middle school sports to have fun – not to be number one.
3. It's how you play the game that counts.
2. It's simply the right thing to do.
- 1. Because sportsmanship begins with you!**

COMMUNICATION AND CONFLICT

This is an essential part of communication and the “chain of command” that we expect our athletes/parents/coaches to follow. Most conflicts are resolved at the student-athlete and coach level of communication. Please address the following chain of command procedures. Thank you for your cooperation.

Student-Athlete and Coach

Student-Athlete and Principal, Parent, and Coach

Parent and Principal or Designee

Parent and District Athletic Director

Parent and Superintendent

Parent and Board of Education

Pueblo County School District 70

MIDDLE SCHOOL ATHLETIC CONTRACT

Participation in athletics provides many opportunities for emotional, moral, and physical growth and development. Because athletics provides many positive experiences for the student, Pueblo County School District 70 supports student involvement in athletics at the middle school level. Athletes are expected to conduct themselves as gentlemen or ladies; display the best sportsmanship and give maximum effort in all athletic/academic events in which they participate.

ELIGIBILITY

The student-athlete who represents a school in any Pueblo County School District 70 middle school interscholastic athletic activity or contest must be eligible under the following policies governing the Middle School Athletic Program. **NOTE: Each school reserves the right to implement stricter eligibility standards than the ones listed below, please check with your child's school for their eligibility requirements.**

- * Students are expected to maintain passing grades in all classes and exhibit positive citizenship at all times. Weekly eligibility checks are done to establish eligibility.
- * Grades are posted on Monday morning. If a student has one F, they will be ineligible starting Tuesday for the week. If the student becomes ineligible a **THIRD** time, they will be dismissed from the team for the remainder of that sport season. If a student has three (3) or more D's in one week, they will be on probation starting Monday for one week. In the event of a second occurrence of three (3) or more D's during the same season of sport, the student will be ineligible for one week.
- * Have all paperwork completed prior to starting practice. Paperwork includes:
 - 1) current physical examination (physicals are good for one calendar year from date of examination)
 - 2) participation fee (\$60 per participant for the first sport and \$ 50 for each sport thereafter)
 - 3) emergency card information
 - 4) return SIGNED Participation Agreement (last sheet of this booklet) to head coach or school office.
 - 5) **Students out for sports must be covered by health insurance. Proof of insurance is required.**

Students will NOT be allowed to start practice without ALL paperwork being turned in. If a student is a multi-sport athlete, the athletic contract has to be turned in for the first sport only.

***REFUNDS: I understand that if my child quits or is cut prior to the first contest a refund must be requested within a week of the date they were cut or quit.

- * Participate in the minimum number of practice sessions determined by the sports season before they can participate in a game or scrimmage.
- * All student-athletes must maintain good citizenship at all times. The Principal or designee, with input from teaching and coaching staff shall have sole authority to declare a student ineligible for participation based on citizenship.
- * A student must be in attendance at least one-half of the school day to participate unless special permission form the Principal is granted. If permission is not granted, the student will be ineligible to participate.

TRAINING POLICIES

Students in Pueblo County School District 70 may not use or possess tobacco or tobacco-like products i.e. vapors, e cigs, drugs, or alcohol products. In addition to Pueblo County School District 70 Board of Education Policy (suspension and/or possible expulsion from school) the following school athletic penalties will be enforced.

- He/she will forfeit all awards, which he/she has been awarded for the current school year.
- He/she will be suspended from further participation in activities for the remainder of the current sport season.
- Violators will be required to appear before the athletic board (consisting of the principal and coaching staff) to determine if the student will be eligible for further participation.
- A second violation during the school year will result in suspension from all athletic activities for the remainder of the school year.

TRANSPORTATION

Transportation to and/or from game events is provided on a limited basis by school bus where required for participation to be ensured as determined by the Administration. At no time will transportation be provided to and/or from practice. In the event that transportation is provided, student behavior while traveling is expected to be exceptional.

IMPORTANT RULES AND REGULATIONS

- A student will be dropped from an athletic team following two unexcused absences from practice. If in attendance that school day, a student must notify the head coach as to why he/she will not be at practice. The head coach shall have the authority to excuse a student from practice. Excessive excused absences will result in little or no participation in athletic events.
- The student-athlete must abide by any and all training rules established by the coach of the sport in which they are participating.
- Players are expected to sit together as a team, both as players and spectators. They will at all times, conduct themselves in an orderly manner.
- Players will not be allowed to enter school hallways or move around the school building when not participating in a game. Students are NOT to leave the building (home or away).
- Vandalism or any abuse of school equipment, posters, furniture, etc. will not be tolerated.
- The school building or ticket area will be open 15 minutes prior to the activity and close 15 minutes following the conclusion of the event. Parents are expected to pick up their child within these time lines.
- Practices may be scheduled after school, early evening, or morning depending on the number of teams and practices. Teams are expected to practice on Friday's. Teams are allowed to practice on Saturday's. No contact by the coaching staff and no sanctioned activities shall occur on Sunday's. Please be prepared to make arrangements for your child.
- **ADMISSIONS: Admission price for all athletic contests shall be \$ 2.00 per Student (grades PK-12), \$ 2.00 per Senior Citizen, and \$ 3.00 for Adult, as approved by the Pueblo County School District 70 Board of Education. Admission to any play-off game in any sport will be \$4.00 adults and \$2.00 students/senior citizens.**

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PUEBLO COUNTY SCHOOL DISTRICT 70
Extracurricular Activities Participant Good
Conduct Rules and Academic/Attendance

PARTICIPATION AGREEMENT

I/We the undersigned agree to these terms and conditions for participating in Pueblo County School District 70 athletics/activities. These terms and conditions include:

- General Participation Requirements
- Concussion Management Protocols
- Transfer Rules
- Code of Conduct for Parents of Athletes
- Public Conduct on School Property or at School Activities
- Communication and Conflict
- Middle School Athletic Contract
- Current Physical Form on file

*******Athlete is covered under a health insurance policy and/or extra athletic insurance has been purchased.**

Health Insurance Name _____ **Policy Number** _____

I/We have had an opportunity to review and ask questions regarding these good conduct rules and participation policies. I/We agree to abide by all rules and accept the consequences listed for behavior that violates these conduct rules. I/We understand that my child, while participating in sport activities, will be potentially exposed to inherent risks of that activity and could suffer serious injury or death. I/We understand that personal information may be used for program information, sports statistics, and other forms of communication related to participation in athletics.

STUDENT NAME

SCHOOL

STUDENT SIGNATURE

DATE

PARENT / GUARDIAN SIGNATURE

DATE

*If a child is injured or cut from a team, a refund must be requested prior to the first contest.